

# The Need for Forest Stewardship



Andy Tait

*Co-Executive/Forestry Director*

NC Registered Forester #1791

# EcoForesters' Mission

EcoForesters is 501c3 non-profit professional forestry organization dedicated to conserving and restoring our Appalachian forests through stewardship and education.



# A Brief History of Southern Appalachian Forests



**Southern Appalachian Forests were more diverse and of higher quality historically than they are *now***



# ~1870's-1930's "The Big Cut"

85% of Appalachians  
Clear Cut



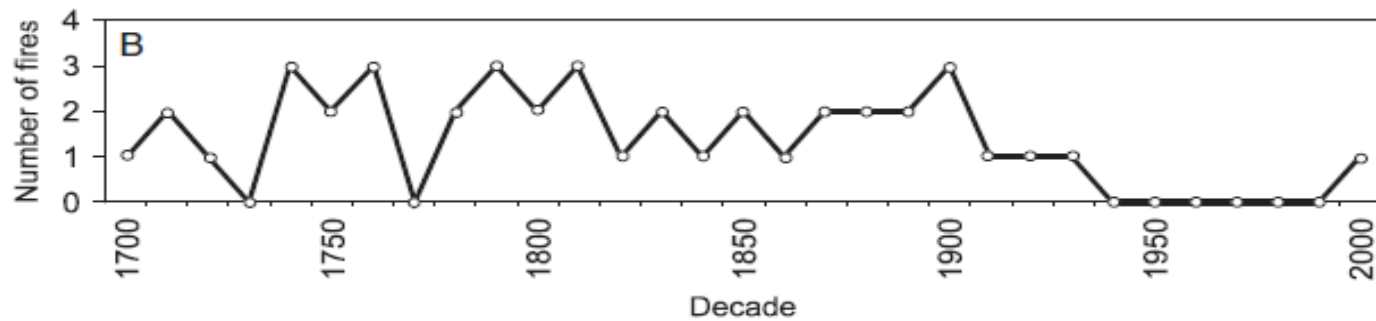


# “High Grading” “Select Cut” “Diameter Limit Cut”

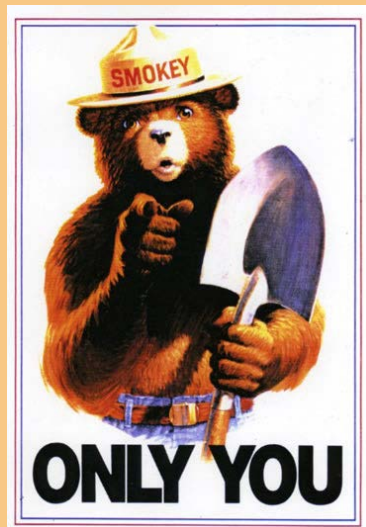
Harvesting only the  
biggest and **best** trees,  
**leave the rest**

- “Removal of the fittest”
- Degrades the forest





Number of fires per decade in 4 montane-pine oak stands in the central Appalachians dating back to the early 1700's (from Aldrich et al, 2010)



# Fire Suppression

Green River Gamelands, NC



## Non-native insects, diseases, and plants

- 1930-40's: Chestnut blight & Dutch Elm Disease
- 1960-70's: Balsam wooly adelgid
- 1990's- :Hemlock wooly adelgid
- Asiatic bittersweet
- Tree-of-heaven

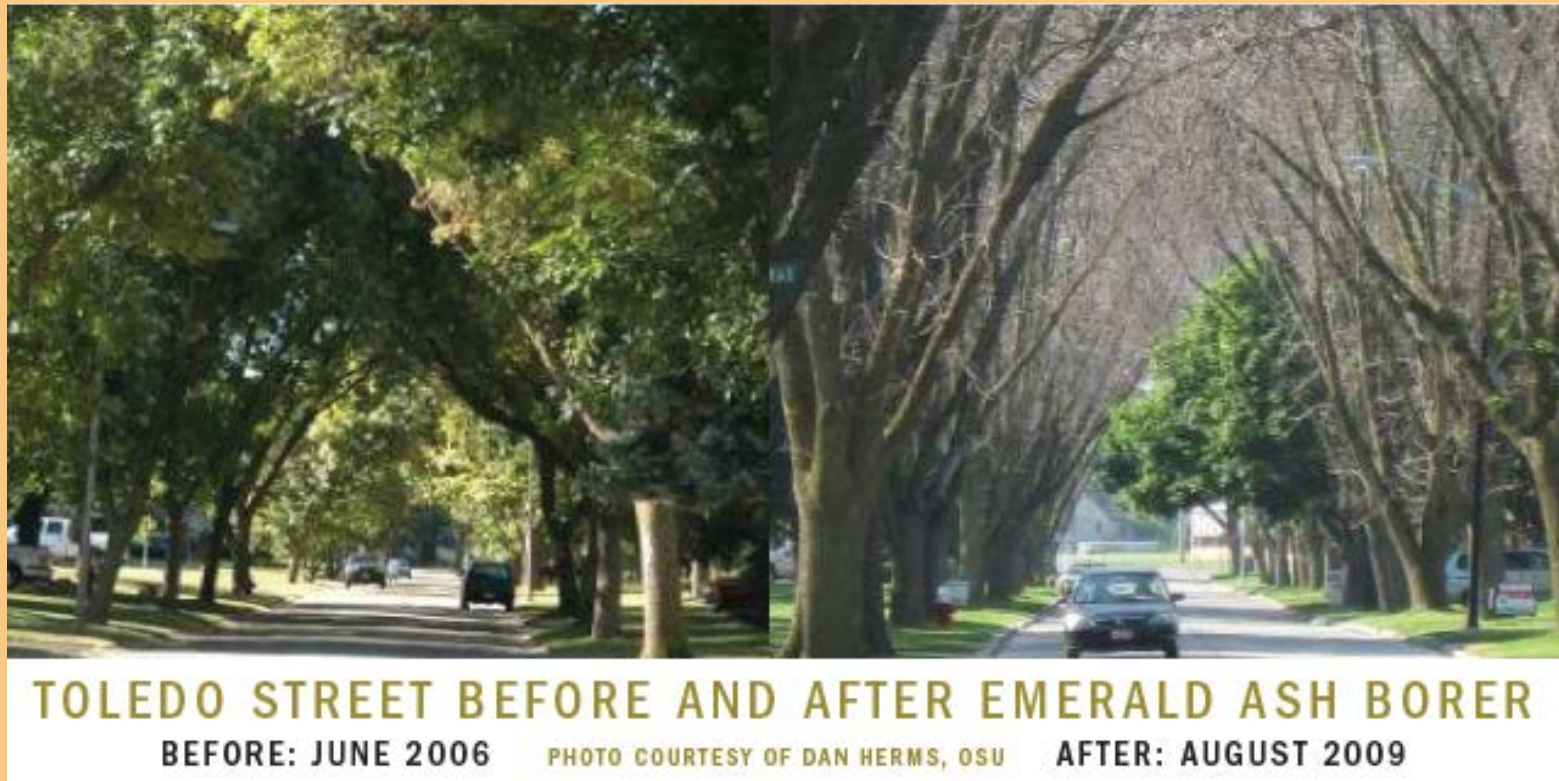




*Increasing potential for non-native insect, disease, and plant outbreaks with less diverse, degraded forests*

Already confirmed in NC:

- Emerald Ash Borer
- Spongy (formerly “Gypsy”) Moth – Now “Slow the Spread” is working in NC
  - Further weakening the already declining oaks



# Common Challenges to Forest Stewardship in WNC

- Education
- Funding \$
- Impact of non-native invasive species
- Climate change and its effects on forests
- Past Mis-management
  - Lower species *and* structural diversity (very few age classes)
  - Low economic, and ecological, value of many stands due to past high-grading and other factors

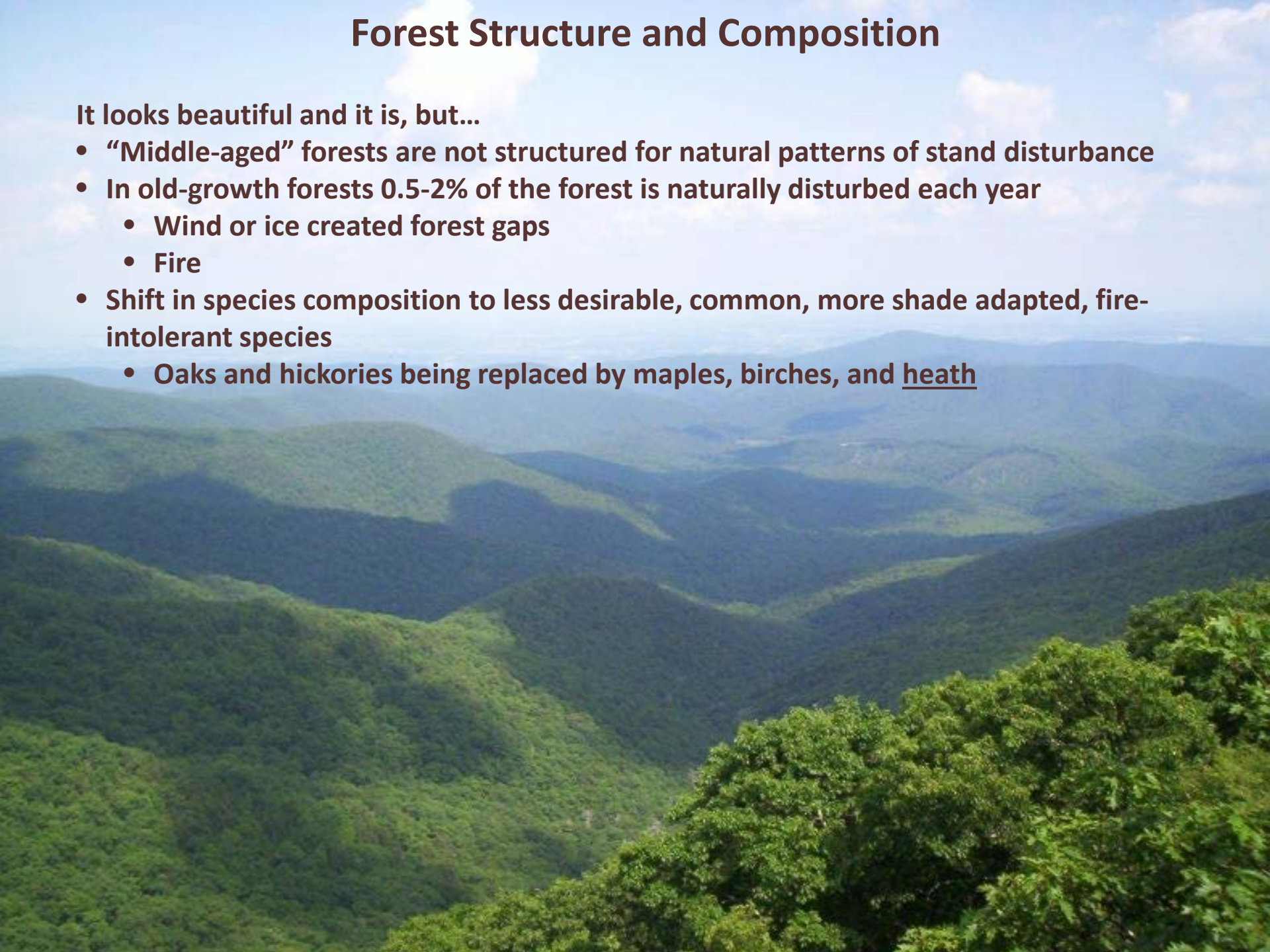




# Forest Structure and Composition

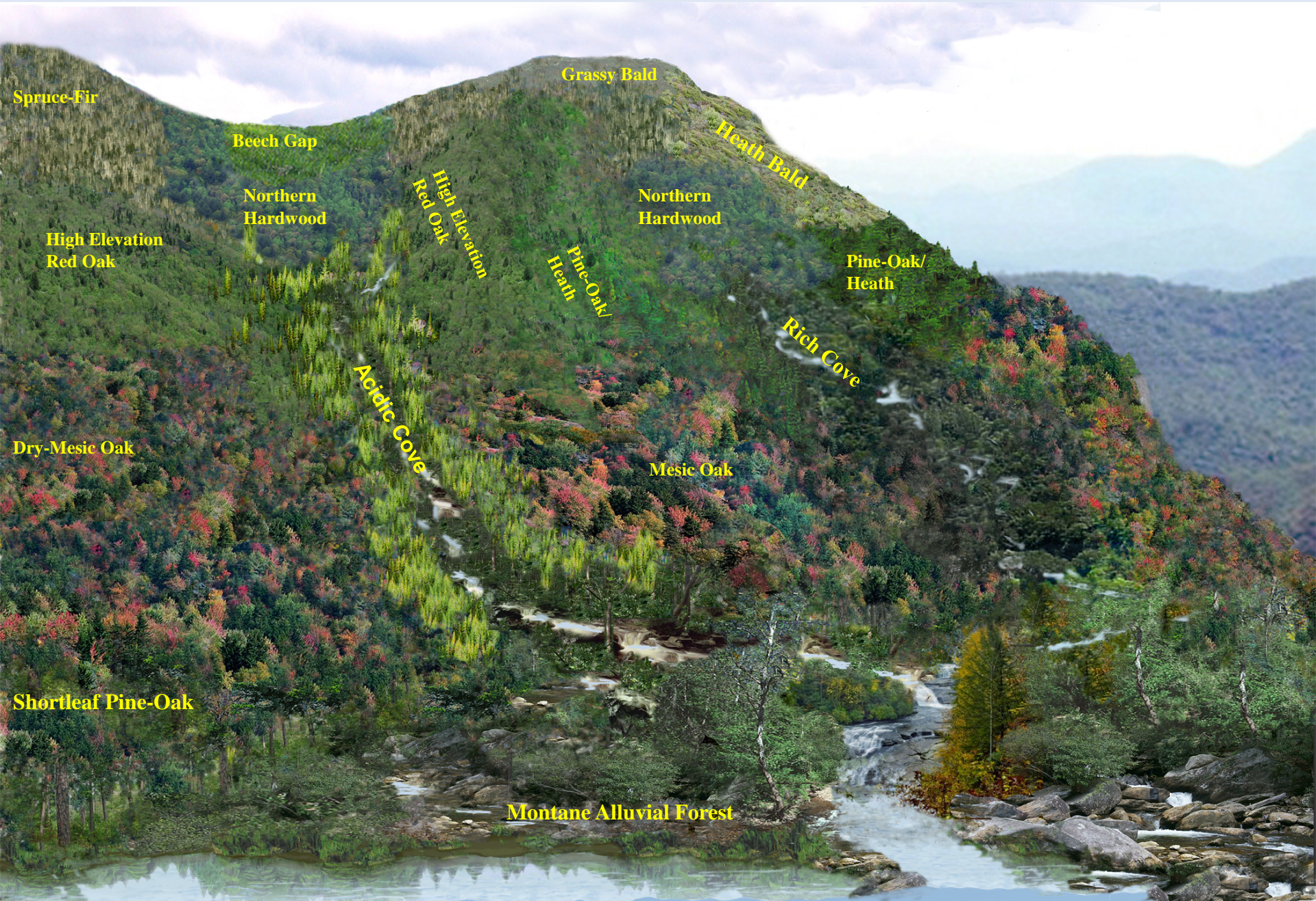
It looks beautiful and it is, but...

- “Middle-aged” forests are not structured for natural patterns of stand disturbance
- In old-growth forests 0.5-2% of the forest is naturally disturbed each year
  - Wind or ice created forest gaps
  - Fire
- Shift in species composition to less desirable, common, more shade adapted, fire-intolerant species
  - Oaks and hickories being replaced by maples, birches, and heath





# Natural Communities on the Landscape

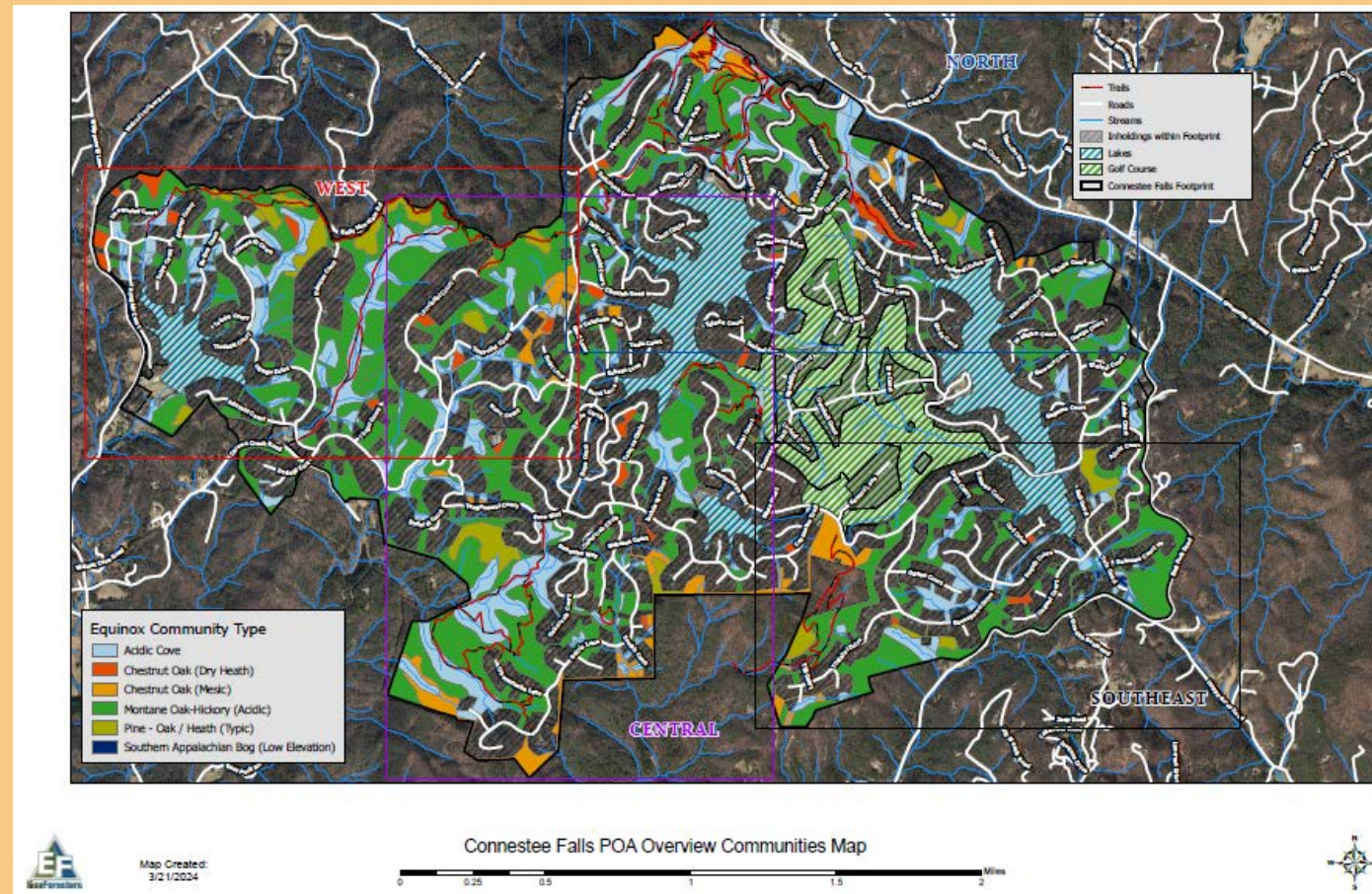




# Diversity of Natural Community Types

Growing conditions vary due to:

- Elevation
- Aspect
- Landform
- Slope Position
- Soil Moisture
- Soil Type

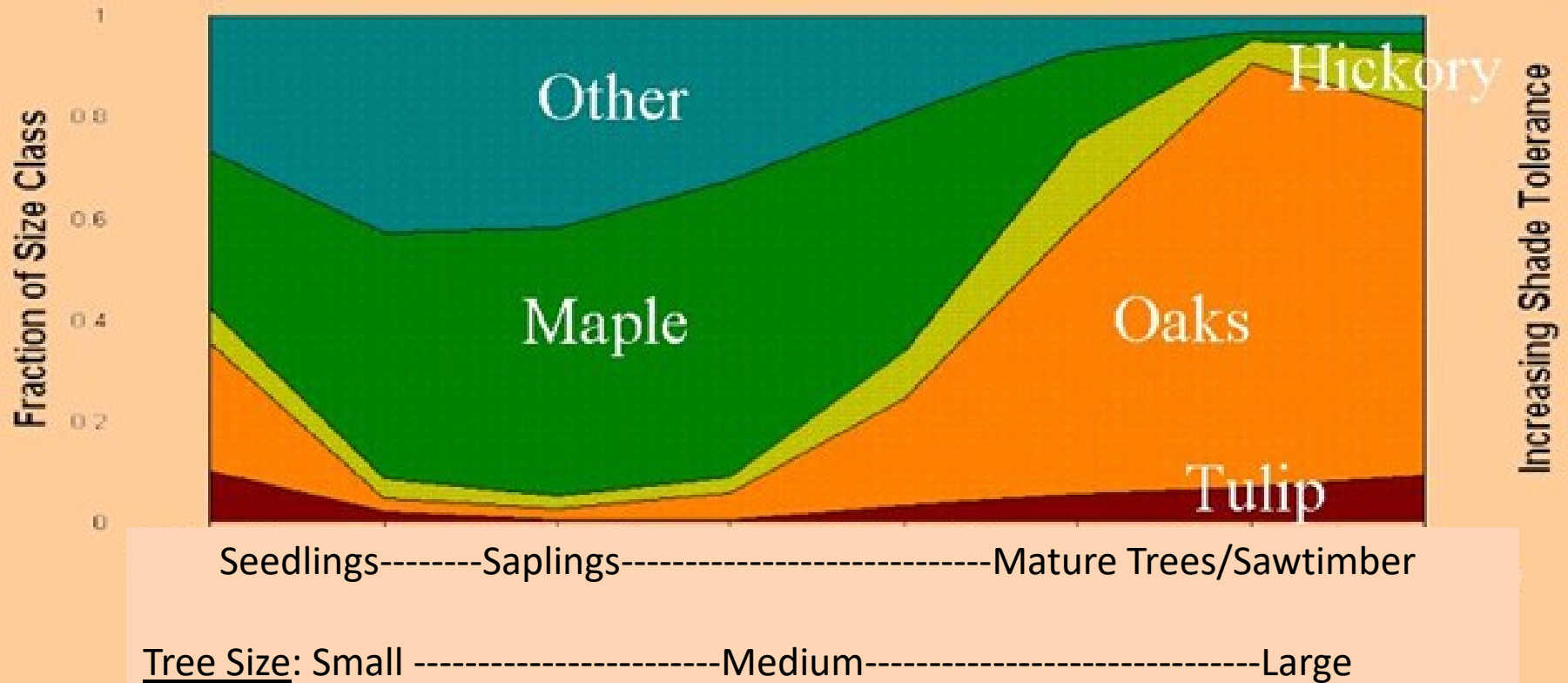


Map Created:  
3/21/2024

0 0.25 0.5 1 1.5 2 Miles



## THE OAK "BOTTLENECK"





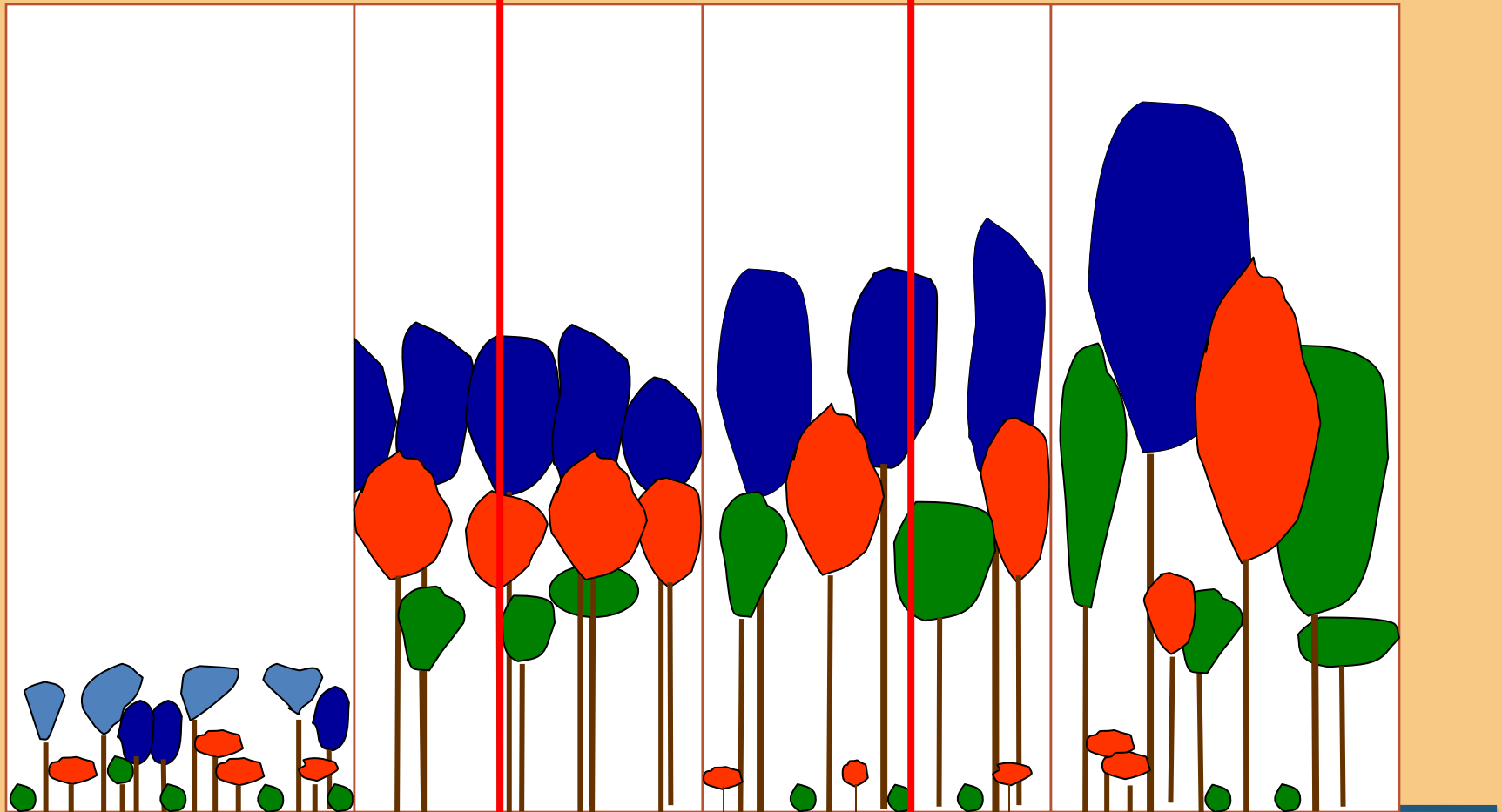
# Stand Successional Stages

Stand  
initiation  
stage

Stem  
exclusion  
stage

Understory  
re-initiation  
stage

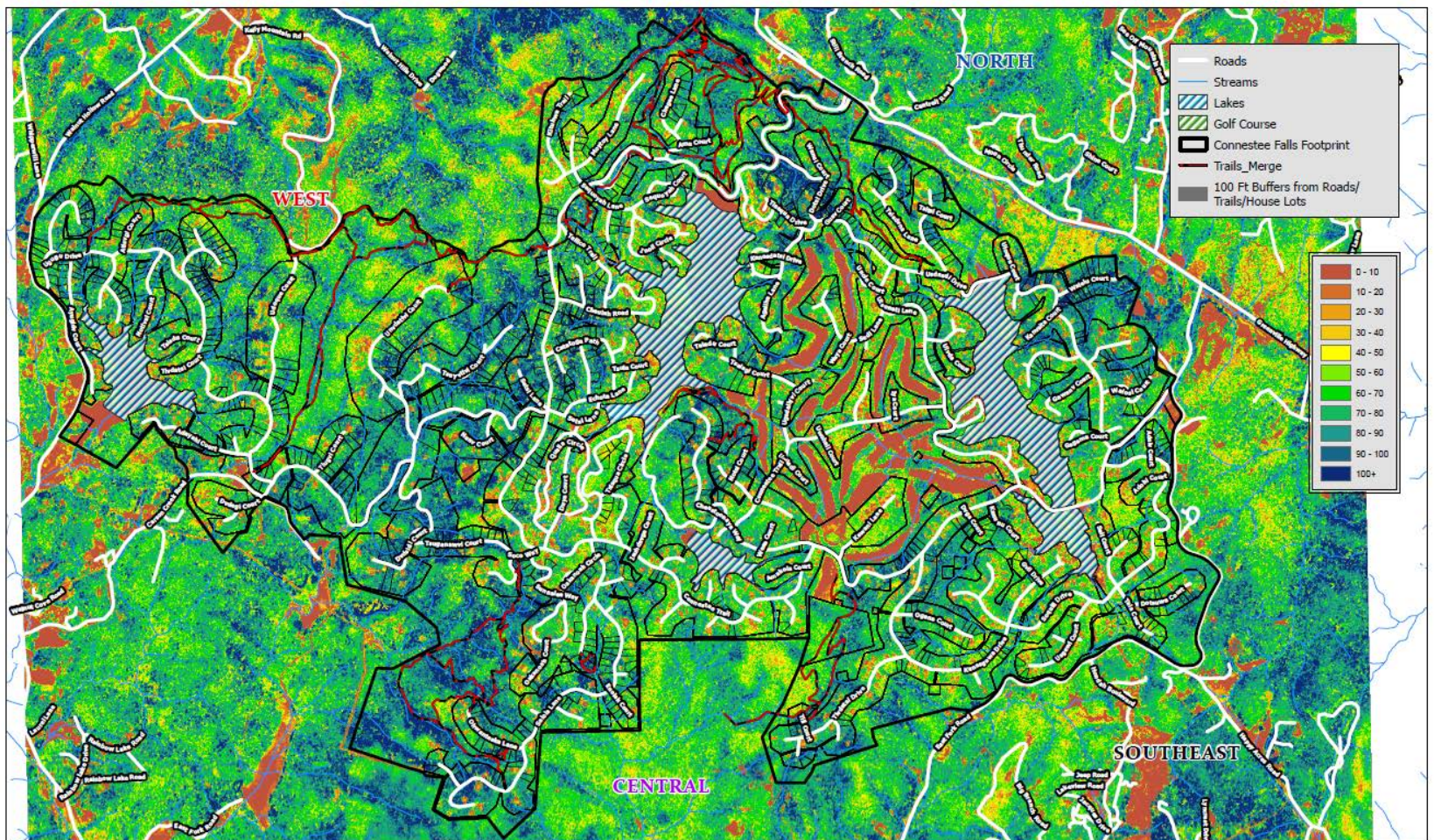
Old-Growth  
stage



Forestry. Conservation. Education.

after Oliver & Larson 1996

# Canopy Height of CF (2017)



Map Created:  
4/2/2024

0 0.25 0.5 1 1.5 2 Miles





# Summary of Forest Planning Process

- Establish a plan
  - Quantify and Qualify the resource
  - Define objectives
  - Establish long-term timeline of stewardship actions
- Implement Plan
  - Important to be capable of implementing plan
- Monitor results and adapt as needed

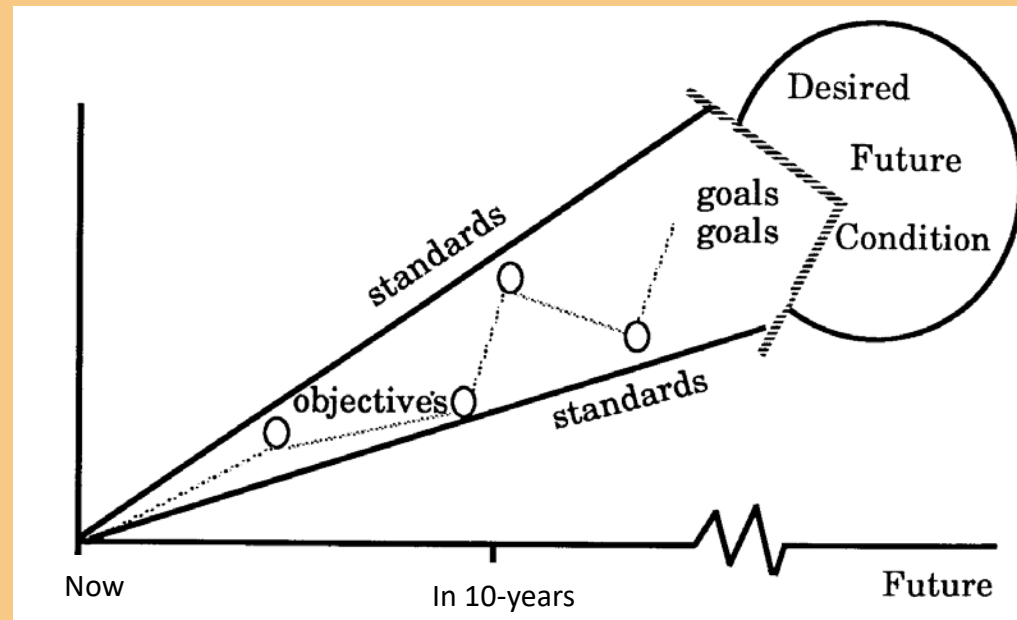




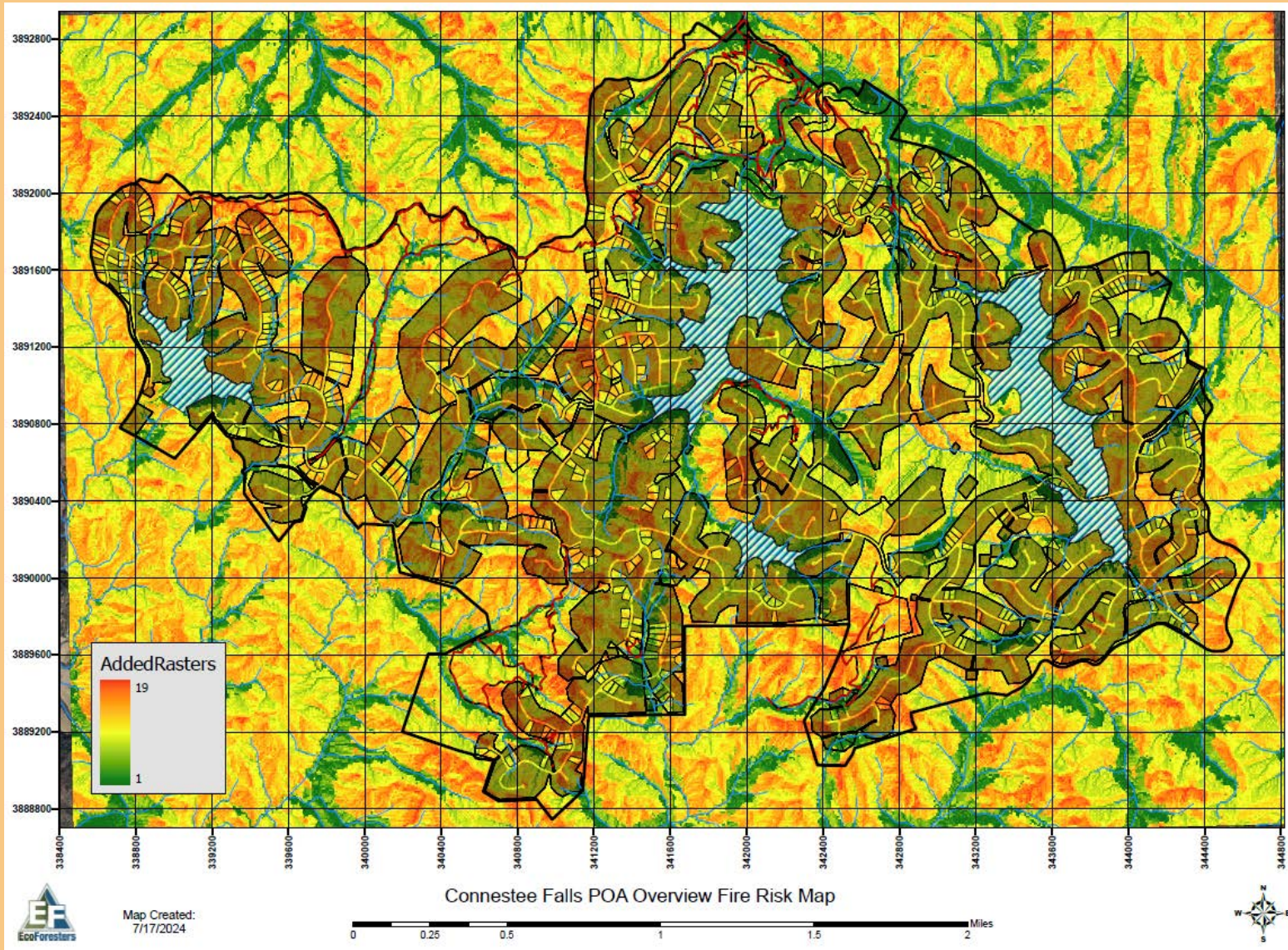
# Forest Stewardship Objectives

## Ecological Forestry Objectives

- Special Site Conservation
- High Water Quality
- Biodiversity
- Wildlife Habitat
- Carbon Sequestration
- Climate Smart Forestry
- Aesthetic Beauty
- Recreation
- Nontimber Forest Products (mushrooms, ginseng...)
- Wildfire Mitigation



# Wildfire Risk Modelling



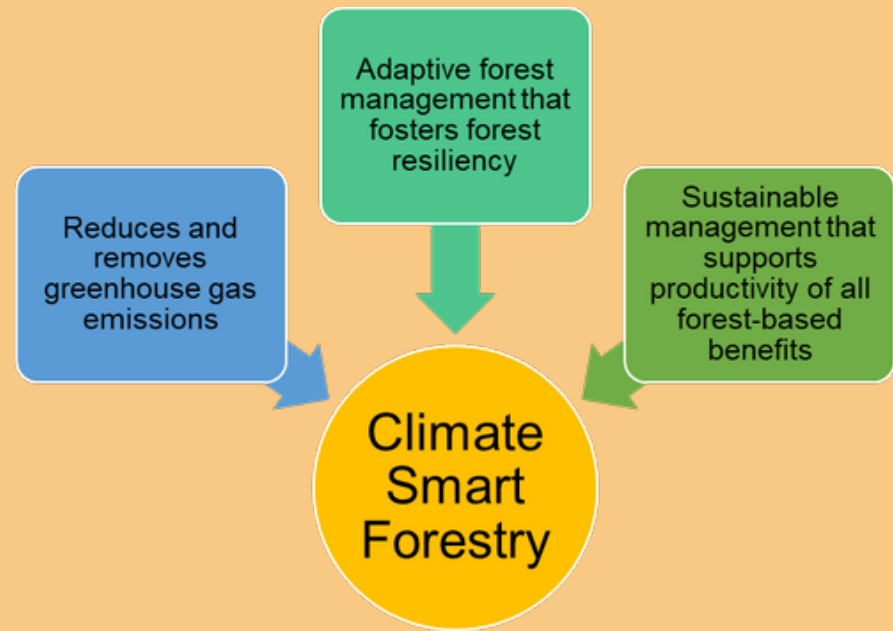


# Forest Stand Improvement

- Climate Smart Forestry
- Reduce Wildfire Risk
- Control Non-native invasive species
- Favor more desirable or uncommon trees that need help
- Promote oak, hickory, and yellow-pine that are declining
- Increase growth, vigor, and health
- Improve/Create wildlife habitat

# Climate Smart Forestry

- Prepare Forests to be *resilient to and mitigate*:
  - Drier and hotter conditions
  - More droughts
  - Increased wildfire risk – frequency and severity





# Climate Smart Forestry

Allows forests and society to transform, *adapt to*, and *mitigate* climate-induced changes

- Thinning overly dense stands for sustainable growth & climate resilience
- Controlled/Prescribed fire to reduce fuel loads/wildfire risk
- Forest stand improvement work to address coming threats such as pests and competing vegetation
- Planting or fostering climate adapted species or traits to increase climate resilience
- Produce renewable carbon friendly building materials

# Invasive Plant Control & FSI Methods

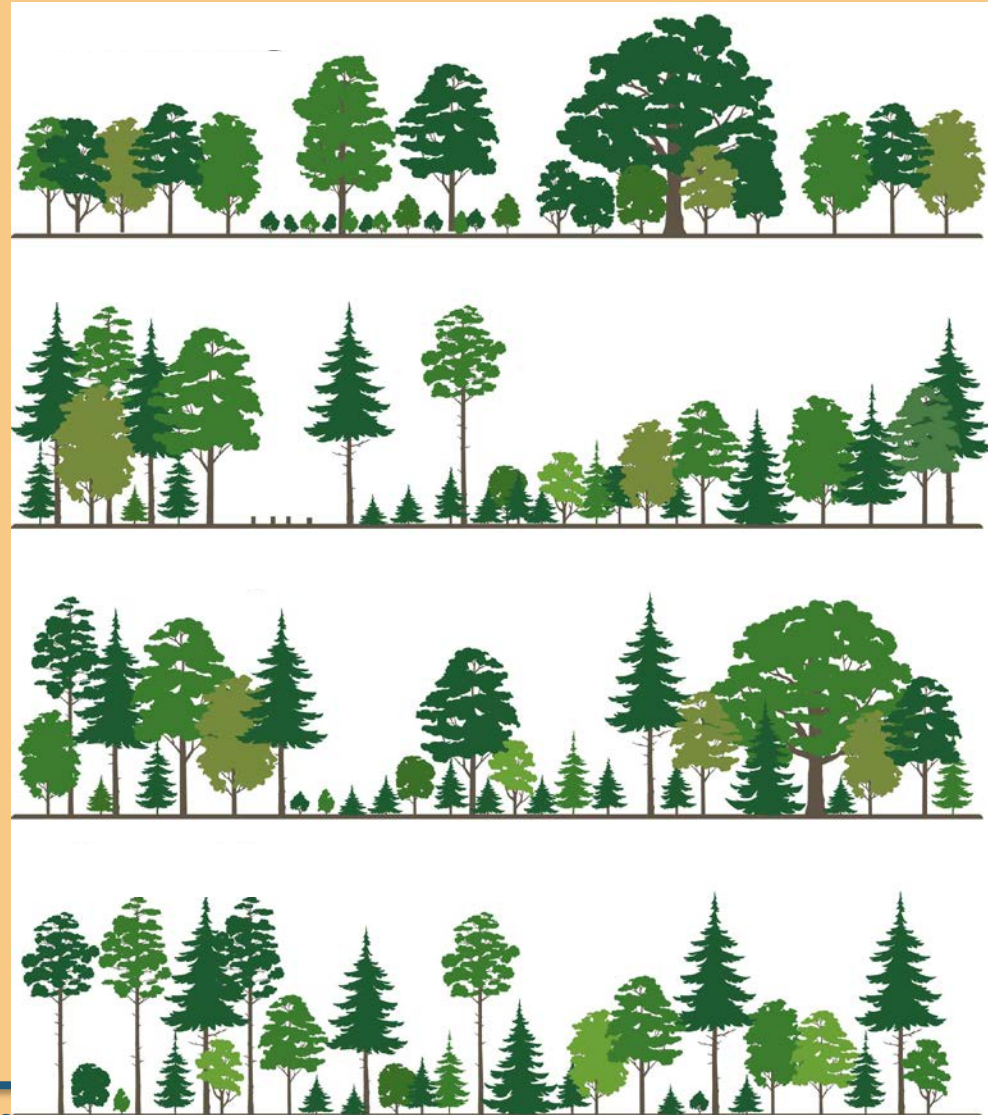
- Chemical (Herbicides) – kills roots
- Manual
  - hand-pulling, digging, cutting with hand tools
- Mechanical
  - Chainsaws, brushcutters, mowers, heavy machinery
- Cultural
  - Livestock grazing, controlled burns, thermal weed control, soil solarization



# Ecological Forest Management

To Benefit Plants and Animals

- Increase Forest Structural Diversity
- Increase Tree Species Diversity
- Encourage Large Legacy Trees
- Minimize Ground Disturbance





# Implementation Methods: Restoration Treatments

Forest Type: Pine-Oak Heath

Objective: Reduce Fire Hazard, Restore Forest Health and Diversity through prescribed burning

Silvicultural Methods: Prescribed Fire on a 3-5 year interval





# Midstory Reduction for Wildfire Mitigation and Oak Regeneration



Before



Right After



Oak regeneration 7 years later

Source: Dr. Jeff Stringer,  
University of Kentucky

# Implementation Methods: Pre-commercial Crop Tree Release Treatment

Forest Type: Younger Cove Forest, lacking diversity.

Objective: Enhance Diversity and Forest Health.

Silvicultural Methods: Utilize Crop Tree Release (stem injection method) to increase growing space and health of vigorous trees and desirable species.

Before:



After:



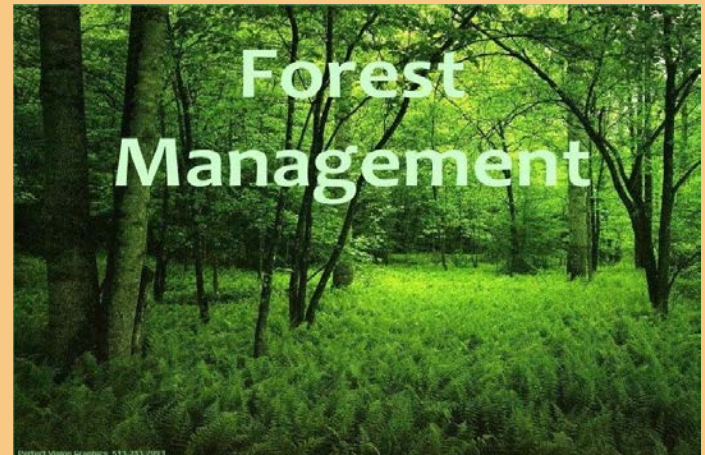
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# Forest Stewardship Incentives/Funding

*Possible* Funding Options for CFPOA:

- USDA NRCS EQIP cost share funding for forest stand improvement work
- NCFS Forest Development and Community Protection Programs



# An Update on Conneestee Falls' Forest Stewardship Plan



Andrew Danner

*Forester*

NC Registered Forester #1957



## Forest Sampling

- Over 50 plots
  - Spaced across 4 forest types
  - Randomly placed
- **Variable Radius Sampling**
  - 10 BAF
  - “Prism Cruising”



## Basal Area (BA)

- Determine stand density
- Delineate Even / Un-even Aged Forests
- Basis for making forest management decisions
- Incl. forest regeneration needs and wildlife habitat mgt.



## Forest Types

- Confirmed Equinox's – NRI Report
- 4 Types Evaluated; Acidic Cove, Montane Oak-Hickory, Chestnut Oak Forest, Pine-Oak Heath





## Data Collected

### Overstory species

- Diameter class (4" groups), overall quality
- (Co-)Dominant Trees +16" dia.

### Midstory (overtopped and under\*)

- Stems counted from 4"-16"
- \*POH & COF – 8" and lower
  - site conditions

### Advanced Regeneration

- Min. 4.5' tall

### Other Understory

- Shrub Layer
- Vines
- Invasives
- Herbaceous, etc.

### General Notes &

"In-Situ" Mgt. Recommendations



# Acidic Cove Forest

- Total BA – 144 ft<sup>2</sup>/ac  
Overstory – BA 90 ft<sup>2</sup>/ac (60%)

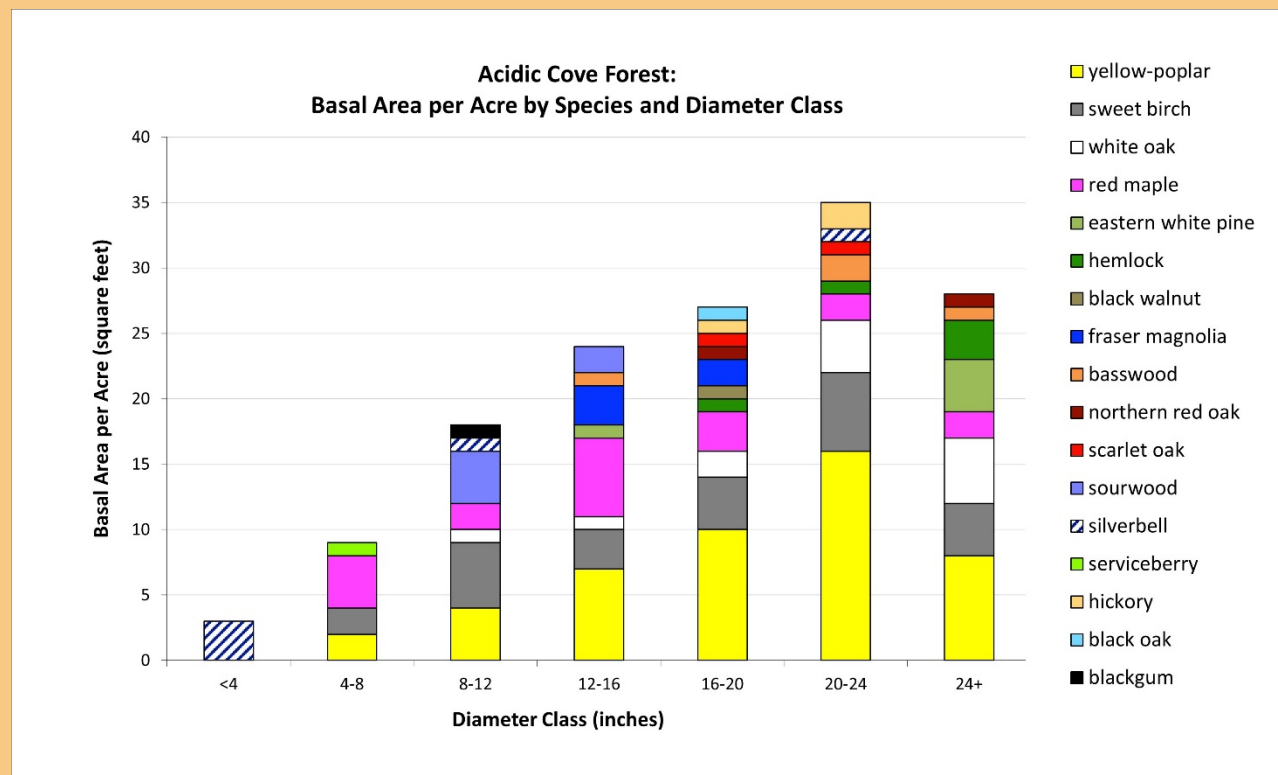
- Yellow-poplar, sweet birch, red maple, white pine, hemlock, oak sp.

- Midstory – BA 51 ft<sup>2</sup>/ac (35%)

- Similar to overstory, plus
- Silverbell, sourwood, serviceberry

- Regen – under 2" dia.

- Sparse -Silverbell, birch, red maple, white pine, yellow-poplar



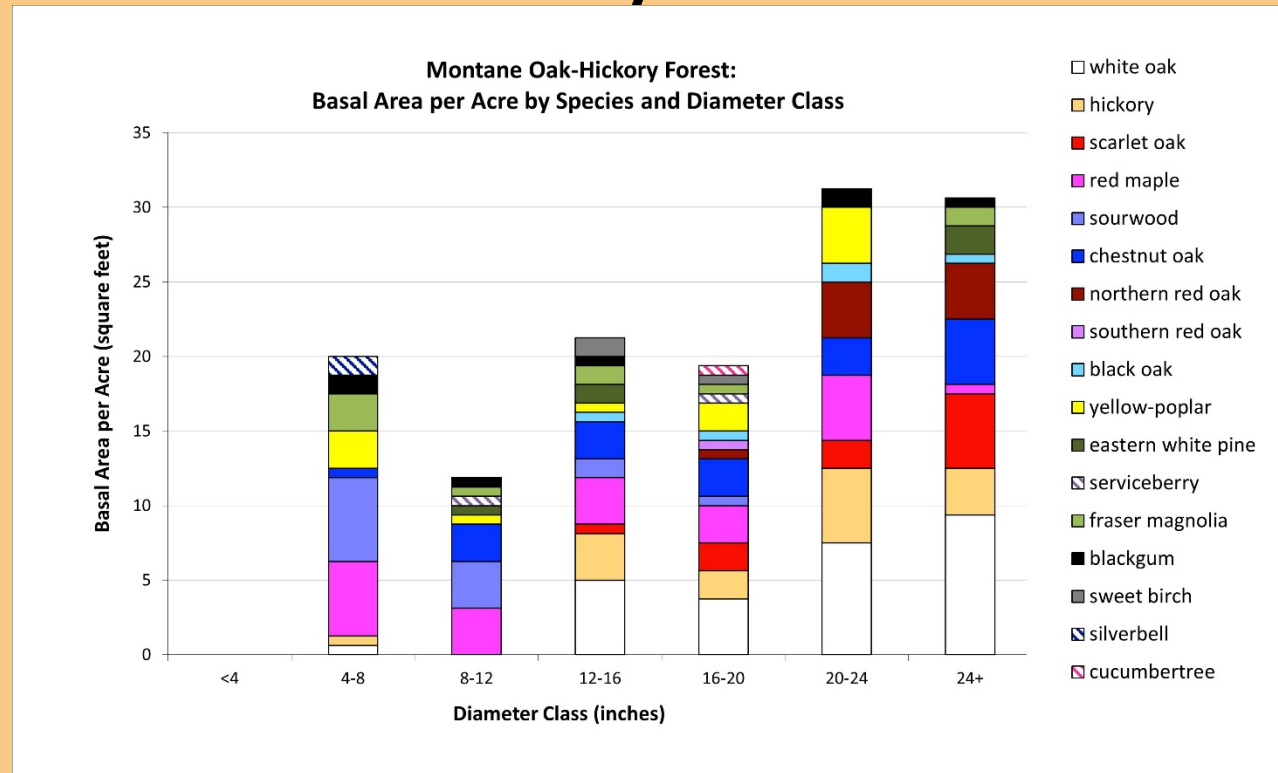




Dense rhododendron and doghobble,  
limits understory growth  
Treated hemlocks – where accessible

# Montane Oak-Hickory Forest

- Total BA – 134 ft<sup>2</sup>/ac
- Overstory – BA 81 ft<sup>2</sup>/ac (60%)
  - White oak, hickory, oak red maple, other oak sp.
- Midstory – BA 51 ft<sup>2</sup>/ac (30%)
  - Reduced oak component
  - Somewhat similar to overstory
  - Red maple, sourwood dominant, other mesophytic sp.





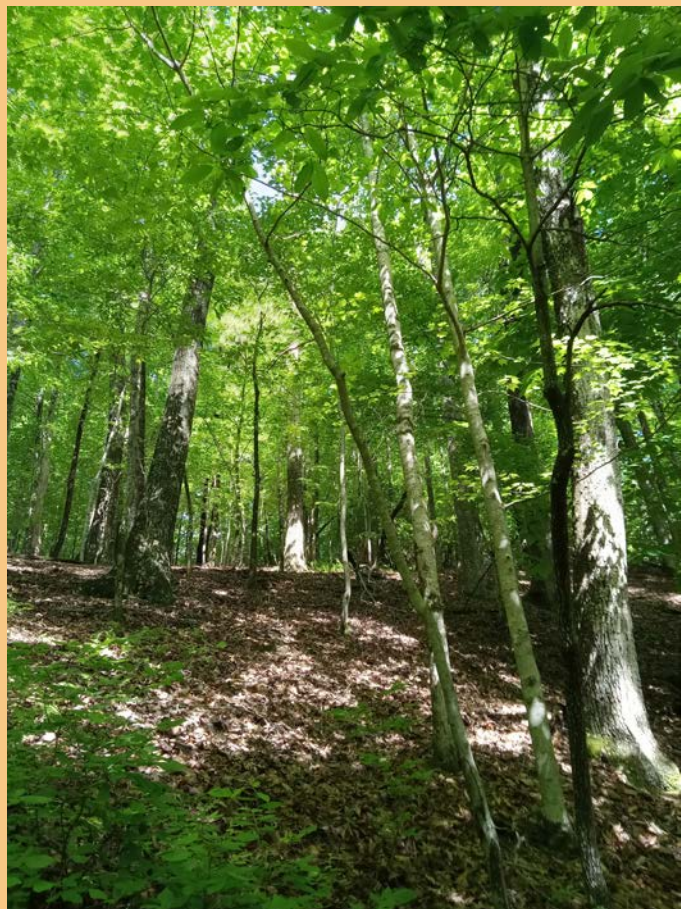
## Montane Oak-Hickory

Regen – under 2” dia.

- Sparse – dense understory
- Occasional – open understory
  - Red maple, sourwood, sweet birch, white pine, Fraser mag, silverbell
  - Oak and hickory species seldom
- Often large groves mtn. laurel and/or rhododendron, occ. grapevines



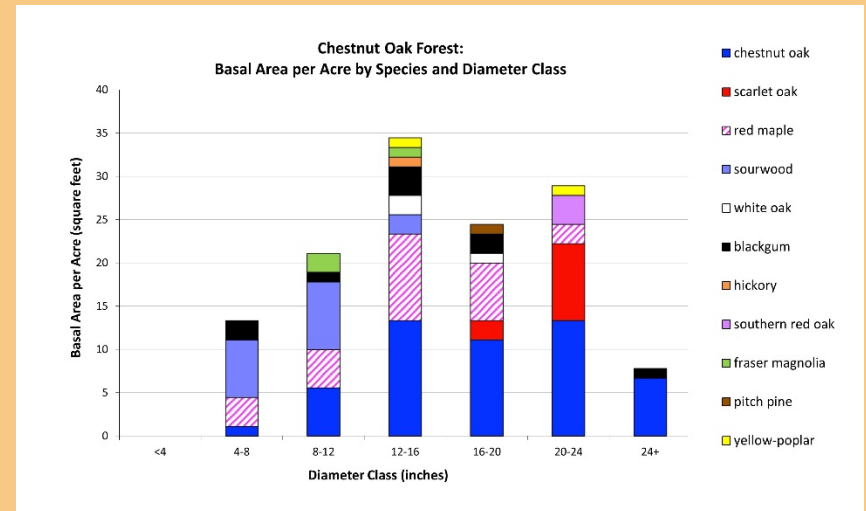






# Chestnut Oak Forest

- Total BA – 130 ft<sup>2</sup>/ac
- Overstory – BA 61 ft<sup>2</sup>/ac (45%)
  - Chestnut oak, red maple, other oak sp.
- Midstory – BA 69 ft<sup>2</sup>/ac (50%)
  - Somewhat similar to overstory
  - Red maple, sourwood dominant, blackgum, other mesophytic sp.



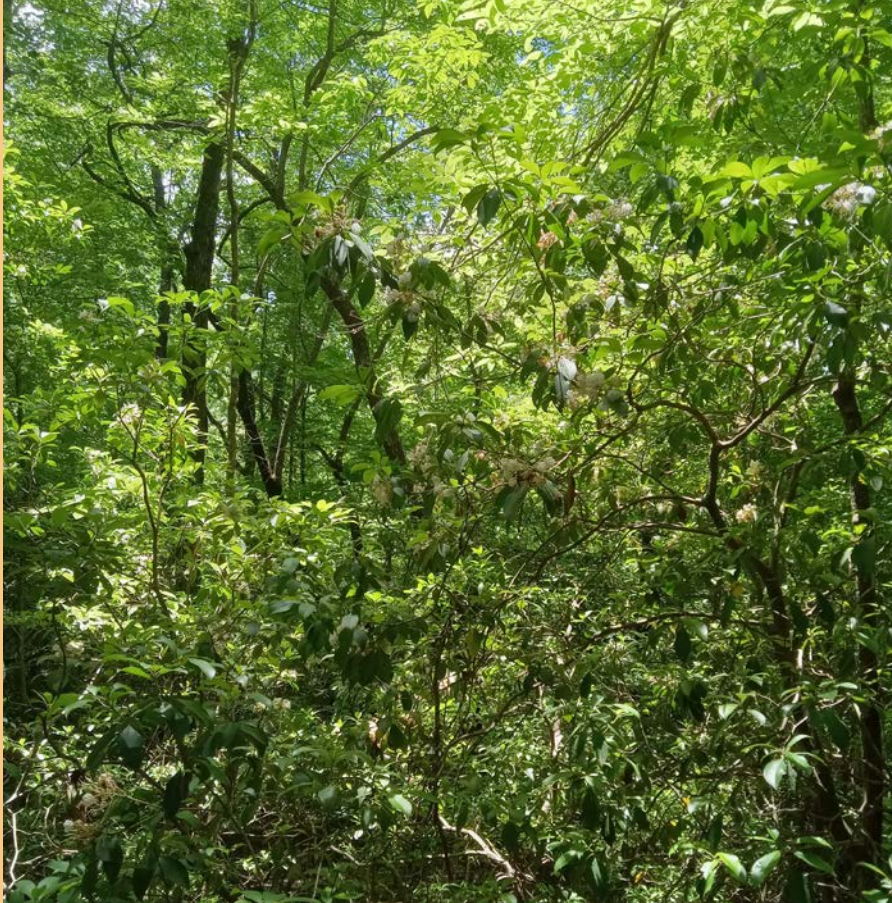
## Chestnut Oak Forest

Regen – under 2” dia.

- Sourwood and blackgum dominant, also red maple, white pine, sparse
- Occ. Chestnut oak in canopy gaps
- Often buckberry OR thick groves of rhodo & mtn. laurel
- Taylor Tract – possible “Forest Restoration” project area







# Pine-Oak Heath

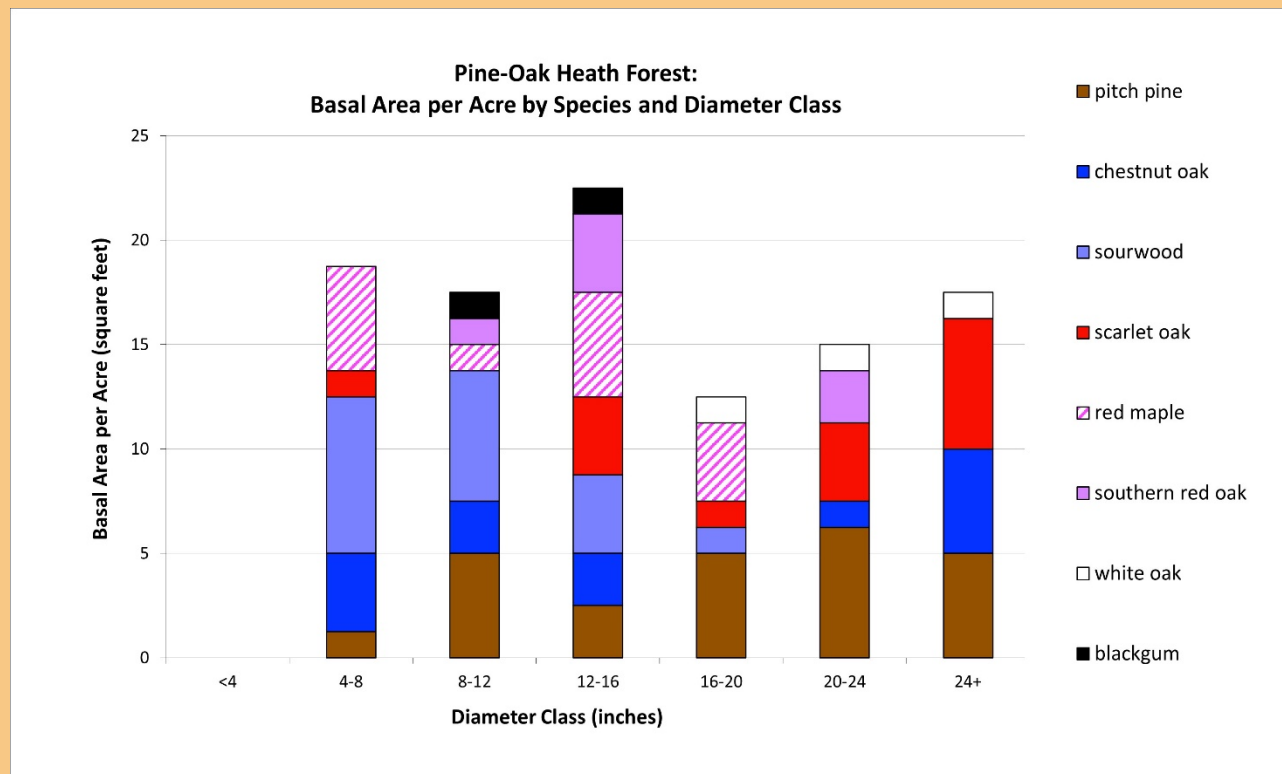
- Total BA – 104 ft<sup>2</sup>/ac

Overstory – BA 45 ft<sup>2</sup>/ac (appx 40%)

- Pitch pine, scarlet oak, red maple, other oak sp.

Midstory – BA 59 ft<sup>2</sup>/ac (appx 55%)

- Reduced pine component
- Sourwood dominant, blackgum, red maple, chestnut oak







## Pine-Oak Heath

- Regen – under 2” dia.
  - Extremely sparse
  - Sourwood, red maple
- Thick & dense rhodo (un-natural) mountain laurel (overly dense)
- Fire suppressed / fire dependent community
- Xeric (dry / lo-nutrients) & slow growing





# ***Forest Management Recommendations***

**Wildfire Mitigation / Fuel  
Reduction**

**Wildlife Habitat – incl Deer  
Forest Stand Improvement**

**Heath Shrub Reduction / Removal**

- Forestry Mulching
- Cut and Chip / Haul / Pile



# ***Forest Management Recommendations***

**Wildfire Mitigation / Fuel  
Reduction**

**Wildlife Habitat – incl Deer  
Forest Stand Improvement**

**Firewise Practices (Homeowner)  
Prescribed Fires**





# ***Forest Management Recommendations***

**Wildfire Mitigation / Fuel Reduction**

**Wildlife Habitat – incl Deer**

**Forest Stand Improvement**

## **Thinning**

- Shape future forest / remove
  - midstory & understory
  - evergreen shrub layer
- Chemical/Mechanical/Combo
- create snags / reduce fire risk

## **Small Canopy Gaps**

**Promotes Desired Midstory and Understory  
Species**

**Treat Hemlocks (continual)**



# ***Forest Management Recommendations***

**Wildfire Mitigation / Fuel  
Reduction**

**Wildlife Habitat – incl Deer  
Forest Stand Improvement**

**Create Early Successional Habitat  
Native Grassland / Wildflower Meadows**

**Promote Cover/Food Source/ etc. in  
Natural Environment**

**Invasive Plant Control – Landscape  
Changeouts**

**Promote Native Species**





# Forest Management

## Invasive Species

11 species identified by Equinox- NRI  
(escaped from landscaping)

Only 2 species found in forest

Multiflora rose – at Connestee Falls

Asiatic bittersweet – along fence/tree line  
against Walnut Hollow Rd

## Erosion

Trails well maintained

-N. connector Salola Trail Loop







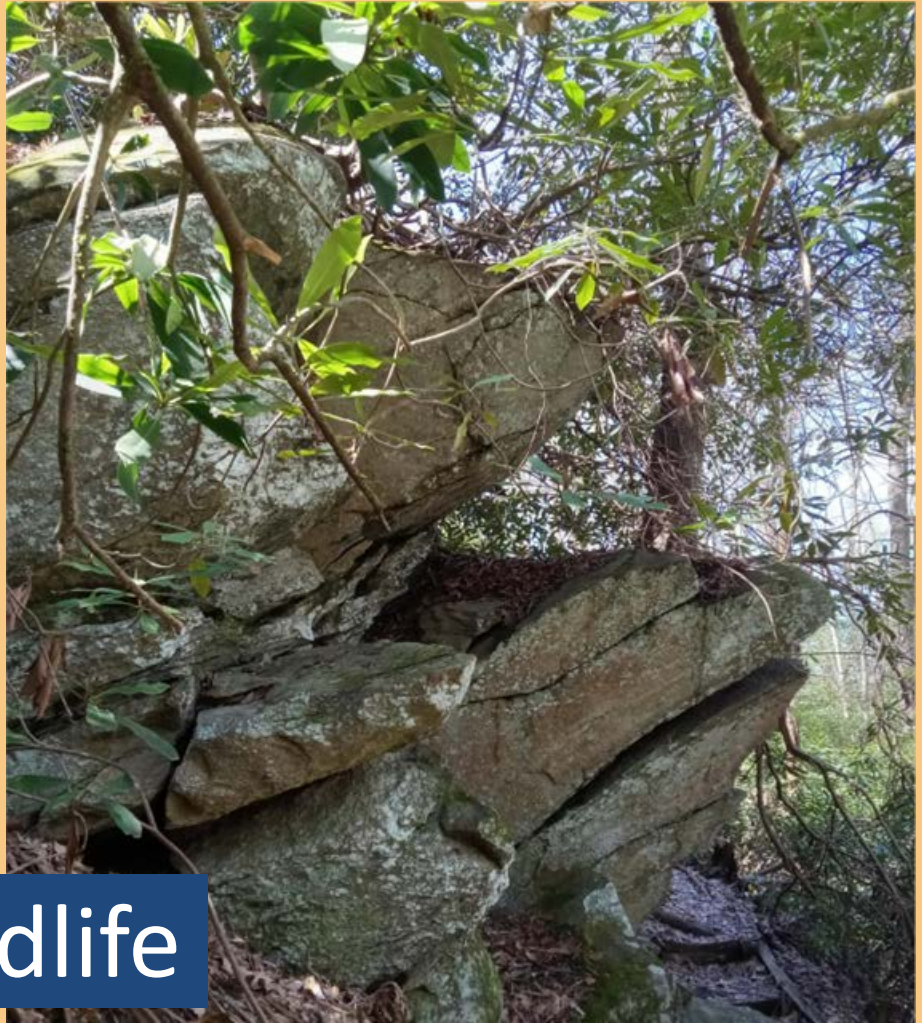
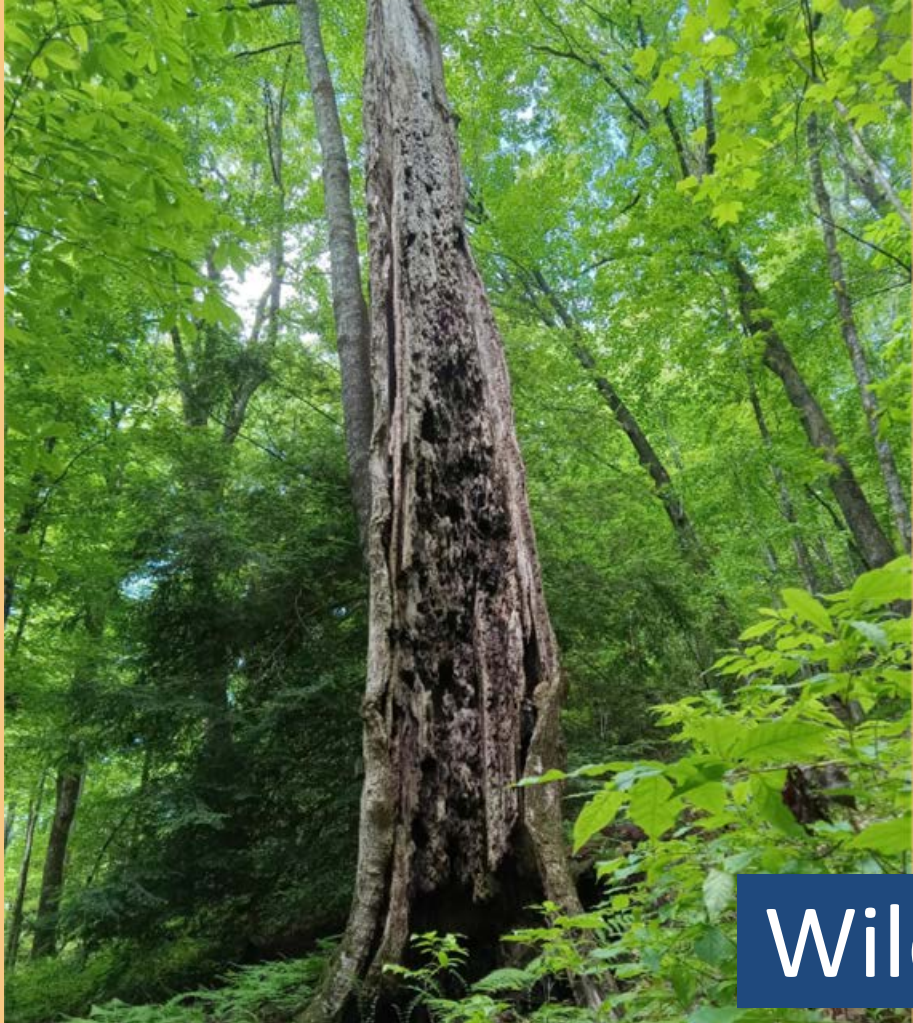
## Wildlife





## Wildlife





Wildlife





# EcoForesters

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Questions?

atait@ecoforesters.org

adanner@ecoforesters.org

Asheville Office (828)484-6842

www.ecoforesters.org